



Dear Parents and Caregivers in the Red River Valley and Hanover School Divisions, you are invited to attend:

PARENTS INTERVENTION & SUPPORT PROGRAM (PIP)

March 14th, 16th & 21st from 7-9:30pm

Location: Morris School Library

PIP is a program for parents, guardians and caregivers designed to provide information and support related to youth involvement with alcohol, other drugs or gambling (AODG). Your young person does not need to be actively involved with AFM for you to attend.

The purpose of PIP is to:

- Introduce the AFM Youth Services' philosophy in working with youth;
- Strengthen the understanding of how a youth's AODG involvement affects everyone;
- Introduce parent response strategies that may assist and support adolescents in making healthier choices;
- Re-introduce principles of self-care to aid parents in maintaining health;
- Decrease isolation of parents/caregivers by providing information about available community supports and a network of mutual encouragement and support.

Parents are not responsible for their child's alcohol and drug use or gambling problems, but they are one of the most important influences in their child's life. The guidelines offered to you through this program will assist you in supporting your child, while helping you establish a more manageable living environment. Your support and participation are key components of the change process for your child.

For further information and to register for this free program, parents and caregivers may call or email the following AFM Youth Counsellors who will be facilitating the program:

Jocelyne Lalonde

RRVSD

(Tuesday, Wednesday & Thursday):

204-746-2612 ext 3293

Email: jlalonde@rrvsd.ca

Daniel Dacombe

Steinbach Regional Secondary School (Mondays, Tuesday &

Fridays): 204-326-6426

Landmark Collegiate (Alternate Wednesdays): 204-355-

4020Green Valley (Alternate Wednesdays):204-434-6415

Niverville Collegiate (Thursdays): 204-388-4731

Email: ddacombe@hdsd.ca